TRIVANDRUM SPINE SOCIETY & MISSAB

MISSAB Outreach Program 2026

Tube vs Endoscope vs Open

MISS : FACE OFF



Trivandrum

Sunday, 25th October 2026

8:00 AM – 4:45 PM

Hotel Hycinth, Trivandrum

SCIENTIFIC PROGRAMME

- **Lumbar Radiculopathy** – debate
- **Lumbar Canal Stenosis** – debate
- **Cervical Spine** – debate
- **Spondylolisthesis** – debate
- Two invited-talk sessions
- Case presentations & Q&A
- **30+** expert faculty

INAUGURATION BY

Dr M.I Sahadulla

Chairman & Managing Director, KIMSHEALTH, Aster DM Quality Care Ltd.

REGISTER NOW

spinesocietytvm.in/missab-outreach-program-course-detaails/

Enquiries: **Dr Ranjith Unnikrishnan · +91 99958 90309**

SCAN TO REGISTER

Organizing Secretary · **Dr Ranjith Unnikrishnan**, Trivandrum

Dr Ranjith Unnikrishnan, President · **Dr Shiju Majeed**, Secretary · Trivandrum Spine Society

ENDOSCOPIC SPINE SURGERY · TUBULAR MIS · OPEN SPINE SURGERY

Scientific Programme

TUBE vs ENDOSCOPE vs OPEN — MISS : FACE OFF

Time	Duration	Topic / Activity	Faculty
08:00–08:25	*25 min*	***Registration***	
08:25–08:30	5 min	Welcome Address	*Dr Ranjith Unnikrishnan*
SESSION 1 · Lumbar Radiculopathy			*Chairpersons · Prof E.K Shanavas & Prof Suresh K.L | Moderator · Dr K V Menon*
08:30–08:35	5 min	Case Presentation: Lumbar Radiculopathy	*Dr Chandhan Murugan*
08:37–08:45	8 min	Why I would do Microdiscectomy	*Dr Suresh Pillai*
08:47–08:55	8 min	My choice is Tube Discectomy	*Dr Sabari Gireesh*
08:57–09:05	8 min	Only UBE	*Dr Anzar*
09:07–09:15	8 min	I am for Monoportal Interlaminar	*Dr Ajith Nair*
09:17–09:25	8 min	Time tested: MILD	*Dr K V Menon*
09:27–09:35	8 min	My game is Transforaminal	*Dr Faizal Iqbal*
09:37–09:47	10 min	Q&A: Summary	*Moderator*
09:47–10:02	*15 min*	***Inauguration*** *· Dr M.I Sahadulla, Chairman & Managing Director, KIMSHEALTH, Aster DM Quality Care Ltd.*	
10:02–10:17	*15 min*	***Tea Break***	
SESSION 2 · Lumbar Canal Stenosis			*Chairpersons · Prof Madan Mohan & Prof Easwer H.V | Moderator · Dr Shiju Majeed*
10:17–10:22	5 min	Case Presentation: Lumbar Canal Stenosis Multilevel	*Dr Midhun Jose*
10:24–10:32	8 min	Spinous Process Splitting Decompression: The Gold Standard	*Dr Ashok Thomas*
10:34–10:42	8 min	PSLD: Is my call	*Dr Subith*
10:44–10:52	8 min	Full Endoscopy is the best	*Dr Abu Madan*
10:54–11:02	8 min	Nothing can beat the UBE in multilevel	*Dr Renjith K.R*
11:04–11:12	8 min	Tubular Decompression is safest	*Dr Anup Nair*
11:14–11:24	10 min	Q&A: Summary	*Moderator*
INVITED TALKS SESSION 1			*Chairpersons · Prof Raffic M & Prof Sharmad M.S*
11:26–11:36	10 min	My Transition from Open to Micro to Tube and now Endoscope	*Dr Anu Thomas*
11:38–11:48	10 min	My romance with the Endoscope: Pearls & Pitfalls	*Dr Anoop Thomas*
11:50–12:00	10 min	How do I choose between the Scope / Tube & Open	*Dr Shiju Majeed*
12:02–12:12	10 min	Have Seen it All: How I Tailor my practice in the Era of MISS!	*Dr K V Menon*
12:14–12:24	10 min	Discussion	
12:24–13:09	*45 min*	***Lunch Break***	
SESSION 3 · Cervical Spine			*Chairpersons · Prof Jose Francis & Prof Anil P | Moderator · Prof Biju Bhadran*
13:09–13:14	5 min	Case Presentation: Cervical Radiculopathy	*Dr Ashwin Nair*
13:16–13:24	8 min	Tubular PCMF: Time Tested	*Dr Tinu Ravi Abraham*
13:26–13:34	8 min	Cervical UBE is Cheap and Safe	*Dr Harikrishnan*
13:36–13:44	8 min	Endoscopic PCF: The Latest & the Greatest!	*Dr Navas*
13:46–13:54	8 min	Why ACDF is Golden	*Dr Raj Chandran*
13:56–14:04	8 min	Anterior Foraminotomy is the King!	*Dr Sajesh Menon*
14:06–14:16	10 min	Q&A: Summary	
INVITED TALKS SESSION 2			*Chairpersons · Prof Sunil M & Prof Manoj Kumar*
14:18–14:28	10 min	The Newer Windows for Fusions: OLIF / KLIF / OLLIF	*Dr Ranjith Unnikrishnan*
14:30–14:40	10 min	Is Minimally Invasive Spine Surgery Useful, For Whom? : EBM	*Dr Amjad Jamaluddin*
14:42–14:52	10 min	3D Navigation: The Game Changer	*Dr Krishna Kumar*
14:54–15:04	10 min	Endoscopy: Extended Indications	*Dr Nikhil K.V*
15:06–15:16	10 min	Discussion	
15:16–15:31	*15 min*	***Coffee Break***	
SESSION 4 · Spondylolisthesis			*Chairpersons · Prof Satheesh & Dr Kaizer Ennis | Moderator · Prof Ashok Ramakrishnan*
15:31–15:36	5 min	Case Presentation: Spondylolisthesis	*Dr Pravin Iyer*
15:38–15:46	8 min	When Open TLIF	*Dr Sreejith Menon*
15:48–15:56	8 min	MIS TLIF	*Dr Vinod*
15:58–16:06	8 min	Endo TLIF	*Dr Sandesh Pacha*
16:08–16:16	8 min	UBE TLIF	*Dr Srinivas Moolya*
16:18–16:28	10 min	Q&A: Summary	
16:30–16:45	15 min	Vote of Thanks and Valedictory	*Dr Shiju Majeed*

Organizing Secretary · Dr Ranjith Unnikrishnan, Trivandrum
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Register: spinesocietytvm.in